

SPRINGTIME IN NORTH LAKE TAHOE - 1 DAY

Visiting North Lake Tahoe in the spring means warming temperatures and lots of outdoor options. Paddles and pedals are where it's at this time of year! Allow us to provide a suggested itinerary for a one day visit...

But first, **Breakfast!** Pick up your breakfast curbside or dine in at one of our favorite spots. Reminder - Be sure to call ahead to ensure your restaurant of choice hasn't shifted their hours or offerings.

- [Fire Sign Café](#) in Tahoe City
- [FUMO](#) in Incline Village
- [The Old Post Office Café](#) in Carnelian Bay

Or just grab a **Coffee** and a fresh baked pastry and, if you've got a busy day planned, you might want to add a "grab and go" lunch to your morning order.

- [Coffeebar](#) in Squaw Valley
- [Tahoe House](#) in Tahoe City
- [Syd's Bagelry & Espresso](#) in Tahoe City

Paddling on Lake Tahoe is the perfect way to physically distance while you are here! Take in the lake's amazing clarity, the mountain views and, if you're lucky, you might see wildlife waking up along the shoreline like bears, coyotes and dozens of species of birds. If you're on the east shore, Sand Harbor State Park is an excellent paddle destination.

Head out Early! Get on the lake early for glassy water and before your launch spot gets too busy so you can practice proper physical distancing.

Gear Up. Most rental shops are open and are offering both delivery and curbside rental pickups which allows you to book and pay ahead of time. This allows you to comply with physical distancing guidelines with contactless payment. Be sure to call ahead to find out what equipment they have available, fill out forms ahead of time and be prepared to bring some of your own gear – gloves, coolers, hand sanitizer, mask etc.

- [Adrift](#) in Kings Beach
- [Tahoe Adventure Company](#) in Tahoe Vista
- [Tahoe City Kayak](#) in Tahoe City & Sand Harbor State Park

GoTahoeNorth.com



North Lake Tahoe Visitor Centers

100 N Lake Blvd.
Tahoe City, CA 96145
(530) 583-3494

969 Tahoe Blvd.
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(775) 832-1606

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Time for Lunch. Whether you pick up curbside or enjoy outdoor seating, Tahoe has some great options wherever you are, just make sure to call ahead. For a sit down lunch try one of these options.

- [Jake's on the Lake](#) in Tahoe City
- [Alibi Ale Works Public House](#) in Incline Village
- [Gar Woods](#) in Carnelian Bay
- [Spindleshanks Restaurant](#) in Kings Beach

Do you prefer **Lunch on the Go?**

- [Copper Lane Cafe and Provisions](#) in The Village at Northstar
- [Pep's Place](#) in Tahoe Vista
- [Sunshine Deli](#) in Incline Village

Bike Paths & Trails are thawing out and are ready to go, so get out there!

Gear Up. Many rental shops are open and are offering both delivery and curbside rental pickups. Be sure to call ahead to find out what they have available and be prepared to bring some of your own gear – helmets, gloves, hand sanitizer, mask etc. Calling ahead means you can make sure your gear will be available and it allows you to prepay for a contactless transaction.

- [Olympic Bike Shop](#) in Tahoe City
- [West Shore Sports](#) in Sunnyside, Homewood & Sugar Pine State Park
- [Flume Trail Bikes](#) in Incline Village
- [Squaw Bikes](#) in Squaw Valley

Local Tip One of North Lake Tahoe's recreation treasures is the Truckee River Bike Path. It takes you from the shores of Lake Tahoe in Tahoe City to Squaw Valley (just over 10 relatively flat miles) as it meanders along and over the Truckee River.

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Woah, slow down! If recreation isn't the goal for your day in North Lake Tahoe, consider these more relaxed options...

- Stroll along the lake on the Tahoe East Shore Trail to Sand Harbor State Park.
- Craft breweries and wineries, like [*Petra*](#) in the Northstar Village, welcome tastings, many with outdoor and/or take away options.
- Drive up the Mt. Rose Highway to the breathtaking scenic outlook for a family photo with the entire lake behind you.

Hungry after a long day? To find dinner from a restaurant offering curbside pickup to enjoy on your drive back home, head to our [website!](#)

Get ready for your trip Virtually! Before you enjoy your day in North Lake Tahoe, [Virtually Visit](#) the [*Thunderbird Lodge*](#) or the [*North Lake Tahoe Historical Society*](#) to learn some local history to enrich your upcoming trip or take an online [yoga class](#) to get in shape for your active Tahoe day.

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