

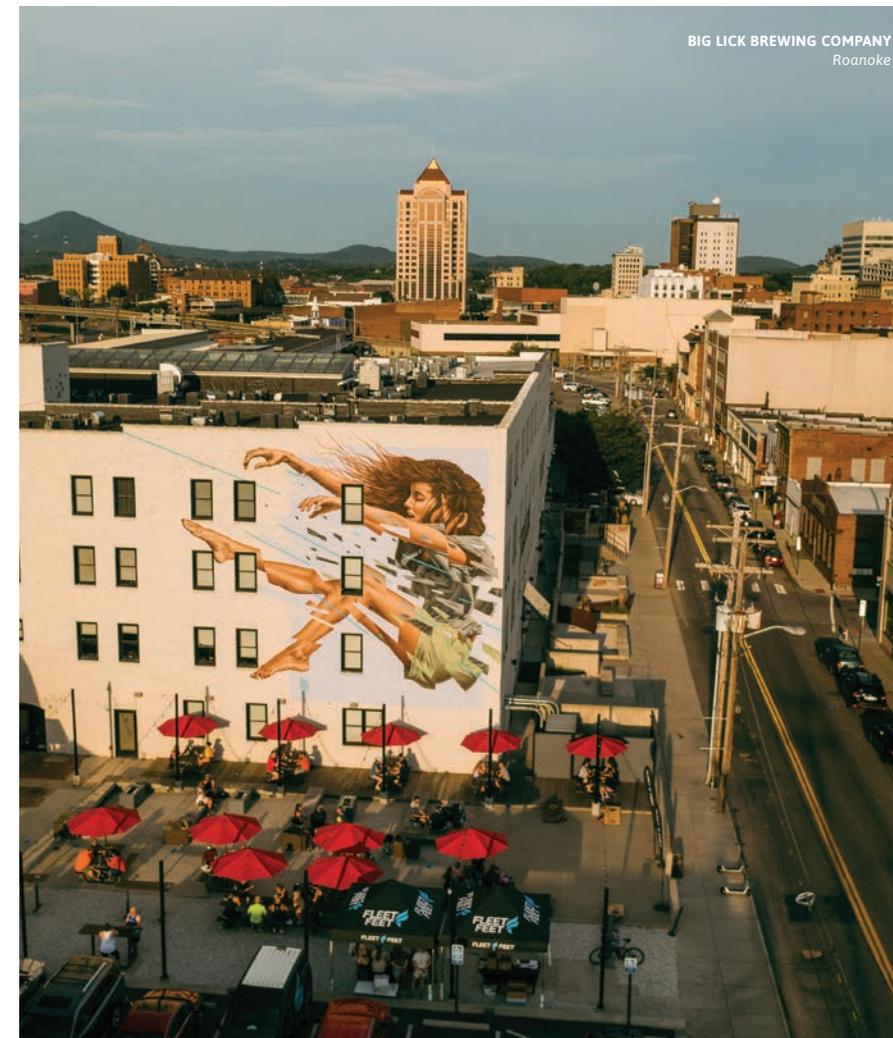
# VIRGINIA MOUNTAINS

The Virginia Mountains region graces the state with its endless natural beauty. Embracing two majestic mountain ranges - the Blue Ridge and the Allegheny - this region boasts some of the highest elevations east of the Mississippi. Among its impeccable geography lies a fascinating dialogue of history, people and culture, making this region a natural storyteller with each cinematic drive, walk or hike.

SHARP TOP MOUNTAIN  
Bedford



LOWE/CORBIS



BIG LICK BREWING COMPANY  
Roanoke

## LOCAL FAVORITES

**National D-Day Memorial**  
Bedford boasts one of the most impressive military memorials in America. It spans nine acres, inviting visitors to explore a transformative event in American military history, in the town that suffered the most D-Day deaths per capita in the nation.

**The Roanoke Star Overlook**  
Standing at 88.5 feet tall, the Roanoke Star on Mill Mountain attracts locals and travelers alike to marvel at the largest free-standing star in the world. The overlook offers serious views of the Blue Ridge Mountains, too, with hikes and trails for those seeking more adventure.

**Troddenvale Cider**  
This new-age cidery is reviving the region's rich agricultural roots. Open Saturdays, Troddenvale invites folks to explore artisanal ciders, dedicated to highlighting the area's forgotten fruits. It's truly a hidden gem in Warm Springs.

## EXPERIENCES THAT DEFINE THE REGION

**Scenic Views**  
One synonym for the Virginia Mountains? Breathtaking scenery. Spend the day hiking for 360-degree views or dine with tranquil lakeside views; there's natural beauty to take in everywhere.

**Outdoor Adventures**  
With mountains, lakes and waterfalls galore, this region charms the adventurer in everyone. Whether you're a hiker, boater or even an antique collector, there's something for everyone.

**Historic Sites**  
Sown into this mountainous region are thousands of years of American history. From ancient geological formations to the stories of nomadic Native American tribes to even modern-day military history, the Virginia Mountains is a storytelling wonderland.

## WHAT WE RECOMMEND FOR FIRST-TIMERS

**Smith Mountain Lake**  
This Blue Ridge jewel can keep anyone from boredom, offering boating, hiking, fishing, shopping and everything in between. Just don't forget to finish off a day on the water with a meal at one of Bridgewater Plaza's delicious local restaurants.

**Historic Downtown Salem**  
The oldest settlement in the Roanoke Valley may also be the most charming. Salem's downtown boasts historic homes, local eateries and cozy hospitality. And, its antique shopping is hard to beat, nationwide.

**Omni Homestead Resort**  
A visit to Hot Springs isn't complete without a stay at the Omni Homestead Resort. Perched among the Allegheny Mountains, this four-season resort is a picturesque place to stay and play, too. From skiing to hiking to celebrity sightseeing, all the experiences are at your fingertips at this historic landmark.



Your local guide to

# FRANKLIN COUNTY



River of Lights

**Day trip, road trip or extended stay – make Franklin County your future destination. Our rural community has plenty of open spaces, great views, small towns and welcoming people. As a land of two lakes, four rivers and 10,000 springs, with a landscape spanning from the crest of the Blue Ridge down to the Piedmont with the foothills in between, we offer a little something for everyone.**

## RIVER OF LIGHTS

**For the One-of-a-Kind Experience Lovers**

Float under nearly a million twinkling lights along the Pigg River during their annual River of Lights event! This unique nighttime event takes place every Friday and Saturday night during the month of June.

## CONCERTS BY CANOE

**For the Music Lovers**

After you've gotten your fill of Americana music along the Crooked Road: Virginia's Heritage Music Trail and inside The Harvester Music Performance Center, hop into a canoe, kayak, tube or float and paddle your way to the front row of Philpott Lake's floating stage for the Summer Concert Series! This free event featuring three performances by different local bands is fun for all ages and offers the perfect combination of summer fun, outdoor recreation and live music in a gorgeous setting. (You can also bring your own chairs and blankets to grab a spot on the grass if that's more your thing!)

## MOUNTAIN BIKING BLISS

**For the Adrenaline Lovers**

Waid Park, which is managed by Franklin County Parks and Recreation and part of the Blue Ridge Off-Road Cyclists (BROC) IMBA chapter, has been described as a 500-acre playground. Its 15-mile trail system is perfect for the mountain biker looking for a diverse riding experience. Waid Park currently has a Bicycle Skills Loop ideal for warmup laps and balance bikes, two progressive jump lines, wooden drops and unique features around every berm. The trail system is actively growing, with a new flow trail opening Spring 2022. It's also home to the WooHoo at Waid Sprint Enduro. This five-stage spring enduro utilizes the newest and most progressive features in the VBR Enduro Series Waid Park trail network. Be ready for rock gardens, man-made jumps and sections with fast back-to-back corners and a bit of sprinting for those wanting to win this timed competition.



**VIRGINIA  
IS FOR  
LAKE  
LOVERS**

Concerts by Canoe on Philpott Lake

Photo by Matt Ross

## Do it all in Franklin County, Virginia

Franklin County, deemed the land between the lakes, is a distinct outdoor destination along the Blue Ridge Parkway. It is a landscape woven with miles of roads, trails, and waters perfect for adventures of all kinds. Bike along nearly 50 miles of scenic byways or at Waid Park. You can paddle on one of five blueways, including Philpott Lake. Or spend the day boating on one of two lakes, including Smith Mountain Lake. Finish the day with a craft beverage at one of our fine wineries, breweries, or distilleries.



**Franklin County**

*A Natural Setting for Opportunity*

Office of Economic Development • Tourism

(540) 483-3030

VisitFranklinCountyVA.com





BLUE RIDGE PARKWAY  
Botetourt County

**Welcome Center at Covington**   
Virginia Tourism Corporation  
Mile Marker 2, I-64  
Eastbound  
Covington 24426  
540-559-3010

**Bluewater Vacation Properties and Campgrounds**  
410-213-1900; bwdc.com  
When you visit a Blue Water property you can expect to be treated like family, to be immersed in beautifully designed and maintained properties and to make memories that will last a lifetime.

**ALLEGHANY HIGHLANDS**  
Includes Clifton Forge, Covington, Low Moor, Millboro

**Alleghany Highlands Chamber of Commerce & Tourism**  
110 Mall Rd., Covington; 540-962-2178; visitalleghanyhighlands.com. Beautiful mountain views, endless outdoor recreation and two walkable downtowns with locally owned shops and restaurants. Historic treasures and a thriving arts community. Get away, enjoy - it's uniquely Alleghany!

**THINGS TO DO**

**Alleghany Highlands Arts and Crafts Center, Inc.**  
439 E. Ridgeway St., Clifton Forge; 540-862-4447; highlandsartsandcraft.org. Art center, art gallery, shopping, art classes, events.

**Alleghany Highlands Blueway**  
110 Mall Rd., Covington; 540-962-2178; alleghanyhighlandsblueway.com. Miles of scenic rivers and shoreline on two pristine lakes.

**Alleghany Highlands Genealogical Society**  
515 E. Pine St., Covington; 540-962-1501; ahgscov.org. Library and archives with hundreds of old photos and records.

**Alleghany Highlands Industrial Heritage and Discovery Technology Center**  
149 S. Maple Ave., Covington; 540-965-0149. Celebrates the industrial heritage of the region & new technology.

**Alleghany Highlands Trails**  
110 Mall Rd., Covington; 540-962-2178; alleghanyhighlandstrails.com. Hundreds of miles of challenging trails with peaceful mountain views.

**Alleghany Historical Society Covington Depot**  
149 Maple Ave., Covington; 540-965-0149; alleghanyhistorical.org. Restored 1908 C&O passenger depot and 1890 freight depot.

**Blue Spring Run Farm**  
3901 Blue Spring Run Rd., Covington; 540-747-2055; bluespringrunfarm.com. Tours, seasonal produce, baked goods and sweet treats available year-round.

**C&O Railway Heritage Center**  
705 Main St., Clifton Forge; 540-862-8653; coh.org. Railway heritage museum that tells the story of C&O Railway.

**Clifton Forge School of the Arts**  
518 Church St., Clifton Forge; 540-862-7275; cfsota.org. Offers a large array of classes specializing in the arts.

**Douthat State Park**  
14239 Douthat State Park Rd., Millboro; 540-862-8100; virginiastateparks.gov/douthat.

**Eastern National Children's Forest**  
State Route 18, James River Ranger District, Covington; 540-962-2214; visitalleghanyhighlands.com. Planted by children, a unique site offering an easy hike.

**Falling Spring Falls**  
Scenic overlook on Rt. 220 north of Covington, Covington; 540-962-2178; visitalleghanyhighlands.com. Remarkable cascading 80-foot waterfall with a roadside overlook.

**Historic Humpback Bridge**  
1-64 Exit 10 to Rt. 60 travel 1/2 mile east or take Rt. 60 west from Covington, Covington; 540-962-2178; visitalleghanyhighlands.com. The oldest bridge of this style in existence; wayside park.

**Historic Masonic Theatre**  
510 Main St., Clifton Forge; 540-862-5655; historicmasonictheatre.com. Constructed in 1905, now used as a performing arts center.

**Jack Mason's Tavern & Brewery**  
400 E. Ridgeway St., Clifton Forge; 540-862-5624; jackmasonstavern.com. Open 4-9pm Monday-Thursday and 11am-9pm Friday-Sunday for lunch, dinner, craft beer and lots of fun...See you in Clifton Forge!

**Jackson River Scenic Trail**  
Alleghany County Parks & Rec, Covington; 540-863-6622; alleghanyhighlandstrails.com. 14.4-mile trail for biking, hiking and horseback riding.

**Jackson River Sports Complex**  
870 W. Edgemont Dr., Covington; 540-965-6360; covington.va.us. State-of-the-art sports facility. Athletic fields, tennis courts, driving range, amphitheater.

**Lake Moomaw, Gathright Dam and Morris Hill Campground**  
South end of Lake Moomaw, Morris Hill Rd., Covington; 540-962-2178; visitalleghanyhighlands.com. Nestled in the scenic Allegheny Mountains; camping, boating, fishing, swimming.

**Main Street Park/Engine 701**  
Main St., Covington; 540-962-6360; covington.va.us. Six-acre community park with the refurbished 701 Steam Engine.

**Masonic Amphitheatre**  
513 Church St., Clifton Forge; 540-862-5655; historicmasonictheatre.com. A unique venue that offers entertainment in music and theater performances.

**Oakland Church & Cemetery**  
Low Moor/Selma Rd., Old Rt. 60, Low Moor; 540-962-2178; visitalleghanyhighlands.com. Served as hospital during Civil War; Confederate soldiers buried here.

**River Rock Amphitheatre**  
870 W. Edgemont Dr., Covington; 540-965-6360; covington.va.us. Seasonal entertainment in a unique venue.

**Wrightsville Heritage Museum**  
702 Wrightstown Rd., Rt. 60 and 220 Exit 16 off I-64, Covington; 540-962-6787; tmfndt.wix.com/themclintonfoundation. Historical artifacts, paintings, furniture, machinery, clothing. Some dating back to slavery.

**BEDFORD AREA**

**VIRGINIA MAIN STREET COMMUNITY**

Includes Big Island, Forest

**Bedford Area Welcome Center**   
U.S. 460 & 122, 816 Burks Hill Rd., Bedford; 540-587-5681; destinationbedfordva.com. Bedford offers outdoor recreation, wineries, breweries, shopping and unique dining and lodging. RV hook-ups, Wi-Fi and meeting space available.

**THINGS TO DO**

**Bedford Boys Tribute Center**  
102 North Bridge St., Bedford; 540-425-5598; bedfordboystributecenter.com. View personal items of Bedford Boys in historic downtown site.

**Bedford Museum and Genealogical Library**  
201 E. Main St., Bedford; 540-586-4520; bedfordvamuseum.org. Local history and exhibits. Hours Monday-Saturday.

**The Bedford Wine Trail**  
816 Burks Hill Rd., Bedford; 540-587-5681; destinationbedfordva.com/experiences/beer-wine. Savor the flavor of exquisite wine varieties and enjoy wonderful views.

**Big Otter Mill**  
Rt. 122 North, Bedford; 434-660-1587; bigottermill.com. Historic mill that hosts events and group tours by appointment.

WHERE  
**BLUE RIDGE PARKWAY**  
LEADS

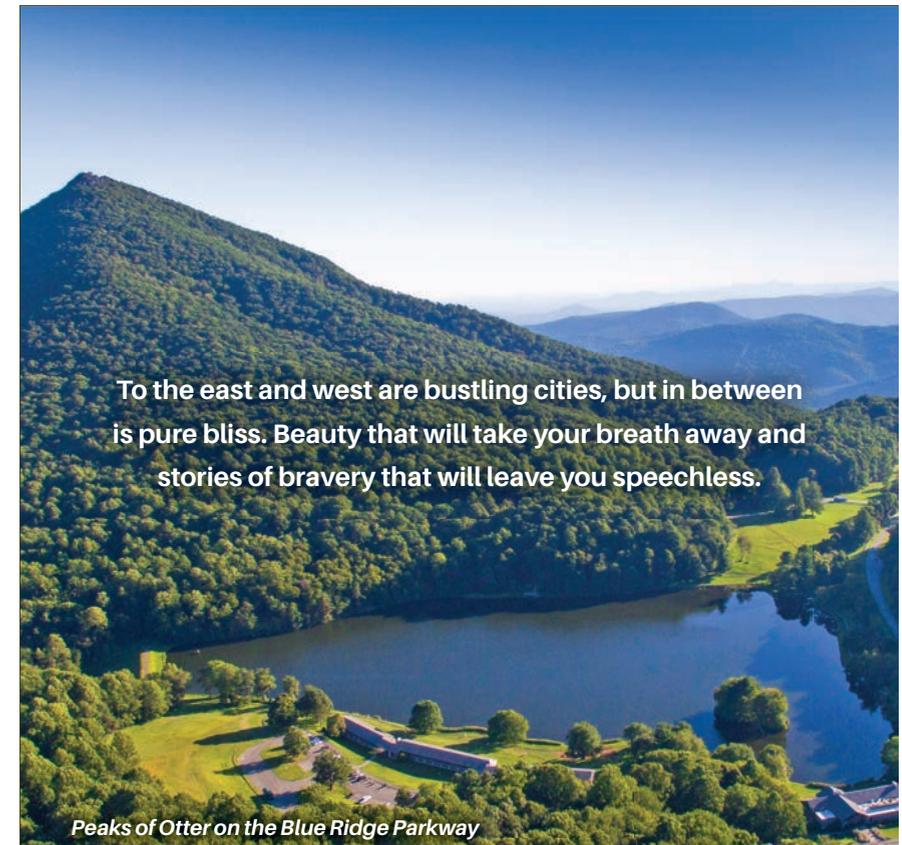
Looking for a true hidden gem? Experience a quiet getaway in the famed Blue Ridge Mountains just 45 minutes from Roanoke. Book your Blue Ridge escape.

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LODGE

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Peaks of Otter on the Blue Ridge Parkway

Where Ordinary Ends...  
**BEDFORD BEGINS.**

National D-Day Memorial

**Destination BEDFORD VIRGINIA**

DestinationBedfordVA.com  
877-447-3257 | #DestinationBedfordVA

VIRGINIA IS FOR MOUNTAIN LOVERS

Catch a #UniquelyAlleghany sunset at Falling Spring Falls.

#VaMountains

#FallingSpringFalls



Plan your Uniquely Alleghany getaway at [VisitAlleghanyHighlands.com](http://VisitAlleghanyHighlands.com)

540-962-2178 · 888-430-5786 · #UniquelyAlleghany



VIRGINIA IS FOR MOUNTAIN LOVERS



COVINGTON · CLIFTON FORGE · IRON GATE · ALLEGHANY COUNTY



A NEW OUTLOOK ON LIFE.



Photo: Indoor Hot Springs Pool at The Omni Homestead Resort

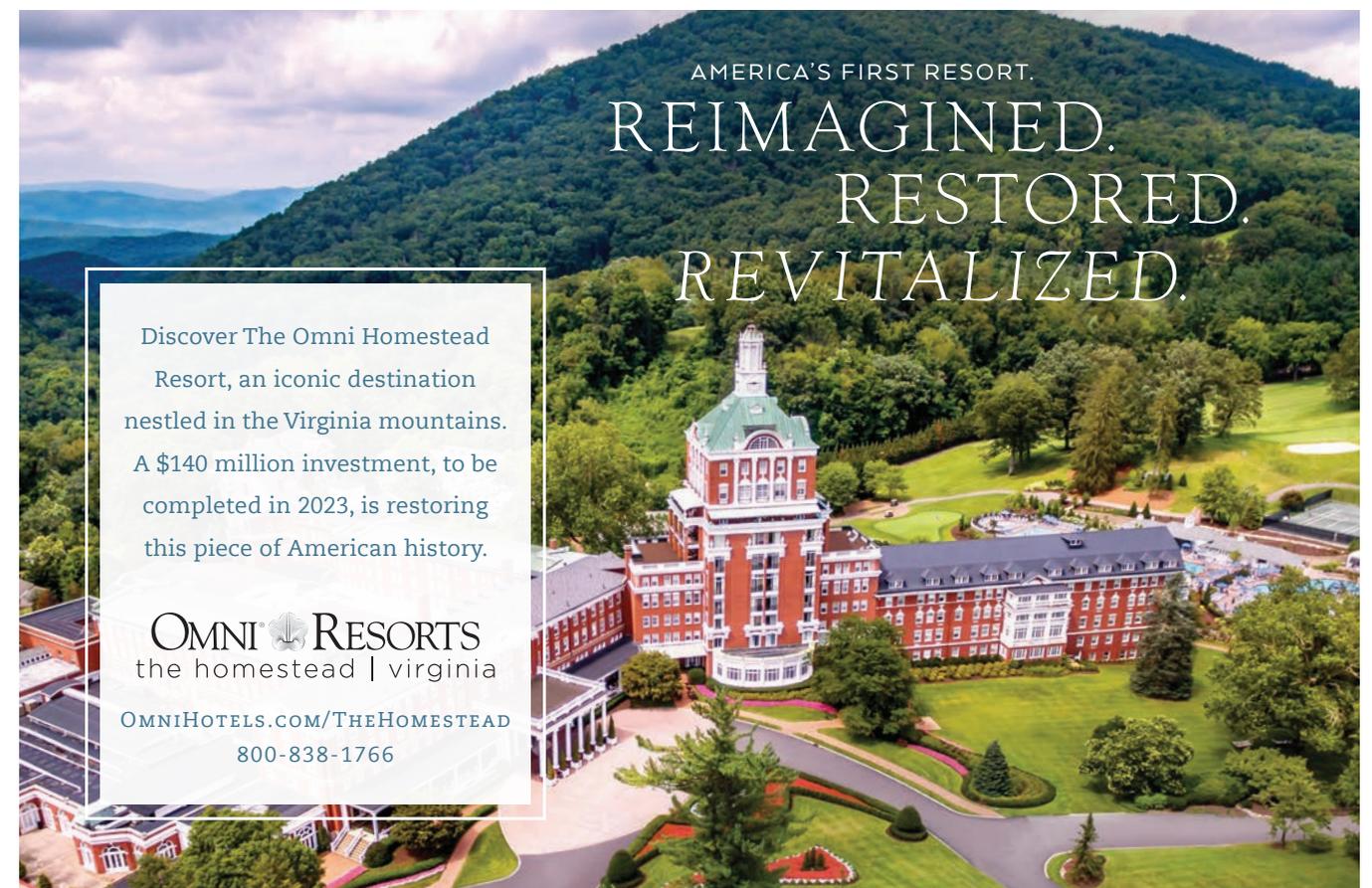
A getaway to Bath County is more than relaxing. A day at a spa or a visit to the newly restored Warm Springs Pools will leave you feeling rejuvenated, inspired and ready to take on the world. That's a *Made in Bath County* experience.



COUNTY OF BATH

[VisitBathCountyVa.com](http://VisitBathCountyVa.com) · #MadeInBathVA

VIRGINIA IS FOR MOUNTAIN LOVERS



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the homestead | virginia

[OMNIHOTELS.COM/THEHOMESTEAD](http://OMNIHOTELS.COM/THEHOMESTEAD)  
800-838-1766



SMITH MOUNTAIN LAKE  
Bedford County

**Bower Center for the Arts**  
305 North Bridge St., Bedford; 540-586-4235; bowercenter.org. Cultural center with art exhibits, concerts, workshops throughout the year.

**Hunter's Raid Civil War Trail**  
816 Burks Hill Rd., Bedford; 540-587-5681; civilwartrails.org. Bedford hosts four sites. Information at Bedford Area Welcome Center.

**National D-Day Memorial**  
3 Overlord Cir., Bedford; 540-586-3329; dday.org. National monument honoring the Allied forces who participated in D-Day.

**Peaks of Otter**  
Milepost 86, Blue Ridge Parkway, Bedford; 540-586-4496; peaksofotter.com. Hiking, fishing, wildflower trails, picnic areas, campgrounds, spectacular mountain views.

**Sedalia Center**  
1108 Sedalia School Rd., Big Island; 434-299-5080; sedaliacenter.org. Venue hosting concerts, festivals, workshops and more. Camping available.

**Thomas Jefferson's Poplar Forest**  
1776 Poplar Forest Pkwy, Forest; 434-525-1806; poplarforest.org. Pursue happiness! Discover Jefferson's personal retreat. Ongoing restoration and archaeology.

**The Wharton House**  
315 North Bridge St., Bedford; 540-587-5681; bedfordhistory.org. 1883 Italianate house and gardens. Gardens open to public.

**BOTETOURT COUNTY**  
*Includes Buchanan, Daleville, Eagle Rock, Fincastle*

**Botetourt County Chamber of Commerce**  
1324 Roanoke Rd., Suite 4, Daleville; 540-566-8812; botetourtchamber.com. Visit Botetourt located in the heart of Virginia's Blue Ridge.

**THINGS TO DO**

**Blacksmith Shop/Wysong Park**  
West Main St., Fincastle; 540-473-3077; hisfin.org. Circa 1840, it contains blacksmith tools and history of the family who owned it.

**Botetourt County Historic Circuit Courthouse**  
1 West Main St., Fincastle; 540-473-8274; hisfin.org. Original, primary source genealogy documents dating to the early 1700s.

**Botetourt County Historical Museum**  
Courthouse Sq., Fincastle; 540-473-8394; bothistsoc.wordpress.com. Houses hundreds of artifacts and historic interpretations of Botetourt County.

**Buchanan Historic Theatre**  
19778 Main St., Buchanan; 540-254-1155; buchanantheatre.com. Big Screen in small town. National Register of Historic Places.

**Fincastle Library Genealogy Room**  
11 Academy St., Fincastle; 540-928-2700; botetourtva.gov/libraries/genealogy.php. Botetourt once extended through seven present-day states. Genealogical resources available.

**James Matten Early Cabin**  
121 Murray St., Fincastle; 540-473-3077; hisfin.org. Furnished historic cabin, circa 1796, scheduled tours available.

**Roaring Run Recreation Area**  
450 Roaring Run Rd., Eagle Rock; 540-928-2130; visitvbr.com/botetourt. Early 1800s iron furnace; leisurely hike to exquisite waterfall.

**Upper James River Water Trail**  
640 Lowe St., Buchanan; 540-254-8012; upperjamesriverwatertrail.com. Blueway with nine public access points, kayaking, tubing, canoeing, fishing.

**COUNTY OF BATH**

*Includes Hot Springs, Millboro, Warm Springs*

**Visitor Information Gazebo**  
Junction of Route 39 & 220, Warm Springs; 540-839-7202; discoverbath.com. Find information on local attractions, outdoor recreation, lodging, dining and shopping.

**THINGS TO DO**

**Bath County Historical Society Museum**  
99 Courthouse Hill, Warm Springs; 540-839-2543; bathcountyhistory.org. Historical museum and research library. Call for seasonal hours.

**Blowing Springs**  
Route 39, 7608 Mountain Valley Rd., Warm Springs; 540-839-2521. Hiking, wildlife, birding, fishing.

**Bolar Mountain Recreational Area**  
Rt 600, 756 Twin Ridge Dr., Warm Springs; 540-839-2521; discoverbath.com. Swimming, camping, fishing, hunting, boating, hiking, wildlife, birding, picnic area.

**Coursey Springs Fish Hatchery**  
300 Hatchery Ln., Millboro; 540-925-2343; dgif.state.va.us. Free guided tours, 365 days a year.

**Dominion Back Creek Recreation Area**  
Route 600, 316 Power Station Dr., Warm Springs; 540-279-4136; discoverbath.com. Swimming, hiking, non-power boating, picnic areas.

**Douthat State Park**  
14239 Douthat State Park Rd., Millboro; 540-862-8100; virginiastateparks.gov.

**Garth Newel Music Center**  
403 Garth Newel Ln., Hot Springs; 540-839-5018; garthnewel.org. World-class music, gourmet food, friendly people and breathtaking scenery.

**Hidden Valley Recreational Area**  
1531 Hidden Valley Rd., Warm Springs; 540-839-2521; discoverbath.com. Camping, fishing, hiking and biking trails, birding, wildlife.

**Lake Moomaw at Bolar Mountain Recreational Area**  
756 Twin Ridge Dr., Warm Springs; 877-444-6777; discoverbath.com. A renowned fishing spot. Activities include boating, fishing, hiking, biking, camping.

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**LIVE YOUR METRO MOUNTAIN ADVENTURE.**



**BE A #TRAILSETTER**

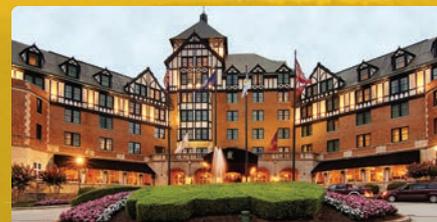


VisitVBR.com | 800.635.5535

VIRGINIA IS FOR MOUNTAIN LOVERS



**Center in the Square**  
(540) 342-5700 • CenterInTheSquare.org



**The Hotel Roanoke & Conference Center, Curio Collection by Hilton**  
(540) 985-5900 • HotelRoanoke.com



**The Inn at Virginia Tech and Skelton Conference Center**  
(540) 231-8000 • InnatVirginiaTech.com



**Lunch on the Trail, then dinner, drinks and lodging in Historic Downtown Salem.**  
VisitSalemVa.com



**Taubman Museum of Art**  
(540) 342-5760 • TaubmanMuseum.org

**Pumped Storage Station**  
Route 600, 316 Power Station Dr., Warm Springs; 540-279-4136; discoverbath.com. Cited as one of the nation's most outstanding engineering achievements.

**Warm Springs Mountain Preserve**  
Route 39 and Route 703, Warm Springs; 540-839-3599; nature.org. Trails known for amazing diversity of natural communities, plants, animals.

**CRAIG COUNTY**

Includes New Castle, Paint Bank

**Craig County Tourism Commission**  
108 Court St., New Castle; 540-864-5010; visitcraigcountyva.com. Enormous outdoor playground, 300 square miles and no traffic lights! 🚗🐾

**Craig County Visitor Information**  
303 Main St., New Castle; 540-864-8978; craigcountypubliclibrary.org. Information on Craig County and historic New Castle. Start of the Craig County Barn Quilt Trail.

**THINGS TO DO**

**Fenwick Mines Day Use Area**  
128 Old Jeep Rd., New Castle; 540-552-4641; fs.usda.gov. Hiking and horse trails, pond, picnic areas, handicap accessible. 🚗🐾

**New Castle Town Park**  
210 Salem Ave., New Castle; 540-864-2200; visitcraigcountyva.com. Play equipment, picnic area, LOVEworks; restaurants and shopping nearby. 🚗🐾

**Old Brick Hotel & Genealogy Library**  
141 Court St., New Castle; 540-864-7023; visitcraigcountyva.com. Three floors of local history and artifacts, three log cabins.

**Paint Bank Fish Hatchery**  
14505 Paint Bank Rd., Paint Bank; 540-897-5401; dgif.virginia.gov. Open 7am-3:30pm daily. Family-friendly trout viewing experience. 🚗🐾

**FRANKLIN COUNTY/ROCKY MOUNT**

Includes Axton, Boones Mill, Ferrum, Hardy, Moneta, Penhook, Rocky Mount

**Franklin Office of Economic Development - Tourism**  
1255 Franklin St., Suite 112, Rocky Mount; 540-483-3030; visitfranklincountyva.com. The Gateway to the Virginia Mountains Region and much more. 🚗

**THINGS TO DO**

**The 1769 Old Chapel Church**  
436 Old Chapel Rd., Penhook; 540-483-0687; visitfranklincountyva.com. Restored historic church, oldest timber-frame structure in Southwest Virginia.

**Blue Ridge Institute and Farm Museum**  
Ferrum College, 20 Museum Dr., Ferrum; 540-365-4416; blueridgeinstitute.org. State center for Blue Ridge folklore. Folk life exhibits. 🚗

**Franklin County Historical Society Museum and Research Library**  
460 S. Main St., Rocky Mount; 540-483-1890; franklincountyvirginiahistoricalsoc.org. Explore local history and research family roots. Annual special events. 🚗🚗

**Harvester Performance Center**  
450 Franklin St., Rocky Mount; 540-484-8277; harvester-music.com. Amazing sounds in a historic hardware store! 175 shows yearly!

**Historic Boones Mill N&W Depot**  
24 Depot Dr., Boones Mill; 540-334-5404; townofboonesmill.org. National Register listed, built in 1892 and public restoration project.

**Jubal A. Early Homeplace**  
455 Old Hollow Ln., Hardy; 540-719-0511; jubalearly.org. 1814 home of General Jubal Early. Listed in National Register, no admission fee. 🚗🚗

**Philpott Lake-Franklin County**  
1058 Philpott Dam Rd., Bassett; 276-629-2703. Swimming, boating, fishing, hiking, campgrounds, six beaches, nine boat launches.

**Rocky Mount Center for the Arts**  
220 Franklin St., Rocky Mount; 540-483-1317; rockymountarts.org. Galleries, gift shop, regional art, artisan studios and demonstrations. 🚗

**Smith Mountain Lake**  
Moneta; 540-721-1203; visitsmithmountainlake.com. 500 shoreline miles. 🚗🐾

**Turkeycock Wildlife Management Area**  
State Route 619, Axton; 804-367-1000; dgif.virginia.gov/wmas. 2,679 acres, hiking and wildlife opportunities, dense hardwood covered mountain. 🐾

**HIGHLAND COUNTY**

Includes McDowell, Monterey

**Highland County Visitor Center**  
61 Highland Center Dr., Monterey; 540-468-2550; highlandcounty.org. Brochures and information about local businesses, attractions and events. 🚗

**THINGS TO DO**

**George Washington and Jefferson National Forests**  
Highland County, Monterey; 540-839-2521; fs.usda.gov/gwj. Outdoor recreation in the beautiful Appalachian mountains of Virginia. 🚗🐾

**McDowell Battlefield**  
Just East of McDowell Along Rt. 250, McDowell; 540-396-4478; highlandcountyhistory.com. Experience this unspoiled, mountain Civil War battlefield with interpretive signage.

**Sounding Knob Fire Tower**  
Sounding Knob Rd., Monterey; 804-218-4525; highlandcounty.org/things-to-do. Climb over 100 steps for unspoiled views sunrise to sunset.

**Highland County Barn Quilt Trail**  
Highland County, Monterey; 540-468-2550; highlandcounty.org/barn-quilt-trail. Find nearly 60 colorful wooden barn quilts around the county! 🚗

**Highland County Museum**  
161 Mansion House Rd., McDowell; 540-396-4478; highlandcountyhistory.com. Explore Highland County's rich heritage and Civil War history! 🚗

**Highland County Veterans Memorial and Walk of Honor**  
165 W. Main St., Monterey; 540-468-2347; highlandcova.org/veterans-memorial-highland-county. Highland County's tribute to area veterans. 🚗🐾

**Highland Wildlife Management Area**  
Highland County, Monterey; 804-367-1000; dwr.virginia.gov/wma/highland. Over 14,000 acres of outdoor recreation opportunities.

**McDowell Battlefield**  
Just East of McDowell Along Rt. 250, McDowell; 540-396-4478; highlandcountyhistory.com. Experience this unspoiled, mountain Civil War battlefield with interpretive signage.

**Sounding Knob Fire Tower**  
Sounding Knob Rd., Monterey; 804-218-4525; highlandcounty.org/things-to-do. Climb over 100 steps for unspoiled views sunrise to sunset.

**Virginia Maple Syrup Trail**  
Sugar Camps Throughout Highland County, Monterey; 540-468-2550; virginiamaplesyrup.com. Tour local sugar camps and get your passport stamped!

**ROANOKE**

Includes Vinton

**Virginia's Blue Ridge Visitor Information Center**  
101 Shenandoah Ave. NE, Roanoke; 540-342-6025; visitvbr.com. Off I-81, Exit 143 and Parkway Milepost 120. Open daily. 🚗🐾

**Visit Virginia's Blue Ridge**  
101 Shenandoah Ave. NE, Roanoke; 540-342-6025; visitvbr.com. Virginia's Blue Ridge, a metro-mountain vacation destination. 🚗🐾

**THINGS TO DO**

**Center in the Square**  
1 Market Sq., SE, Roanoke; 540-342-5700; centerinthesquare.org. Nonprofit with free admission to aquariums, gardens and rooftop views. 🚗🚗

**Crystal Spring Pump Station**  
2012 South Jefferson St., Roanoke; 540-982-5465; roanokehistory.org. View the great fly-wheel rotating and the pistons pumping.

**Eleanor D. Wilson Museum at Hollins University**  
8009 Fishburn Dr., Wetherill Visual Arts Center, Roanoke; 540-362-6532; hollins.edu/museum. Features the work of renowned, emerging and regional artists. 🚗🚗

**Explore Park**  
BRP Milepost 115, 56 Roanoke River Parkway Rd., Roanoke; 540-427-1800; explorepark.org. Hiking trails, adventure course disc golf, camping and visitor center. 🚗

**Grandin Theatre**  
1310 Grandin Rd., SW, Roanoke; 540-345-6377; grandintheatre.com. Historic nonprofit theater showing first run & vintage films. 🐾

**Harrison Museum of African American Culture**  
1 Market Sq. SE, Roanoke; 540-857-4395; harrisonmuseum.com. Showcasing the art and history of African Americans. 🚗🚗

**High Ground Veterans Monument**  
814 Washington Ave., Vinton; 540-983-0645; vintonva.gov. Honoring veterans who serve and who have served. 🚗🐾

**History Museum of Western Virginia**  
101 Shenandoah Ave. NE, Roanoke; 540-982-5465; roanokehistory.org. Exhibits and programs on the history of Western Virginia. 🚗🚗

**Jefferson Center**  
541 Luck Ave., Suite 221, Roanoke; 540-345-2550; jeffcenter.org. Historic performing arts theater, art gallery. 🚗

**Kids Square**  
1 Market Square SE, Third Floor, Roanoke; 540-342-5777; kidssquare.org. Children's museum with miniature town, forest, interactive exhibits, party spaces. 🚗🚗🚗

**Mill Mountain Theatre**  
1 Market Sq. SE, Roanoke; 540-342-5740; millmountain.org. A year-round live professional regional theatre since 1964. 🚗🚗🚗

**Mill Mountain Zoo**  
Mill Mountain Park, Roanoke; 540-343-3241; mmzoo.org. 183 animals, representing 70 species, miniature train, picnic area, views. 🚗

**O. Winston Link Museum**  
101 Shenandoah Ave. NE, Roanoke; 540-982-5465; roanokehistory.org. Highlighting the photography of O. Winston Link. 🚗🚗🚗

**Roanoke Pinball Museum**  
1 Market Sq., SE, Roanoke; 540-342-5746; roanokepinball.org. Over 60 pinball games to play. 🚗🚗

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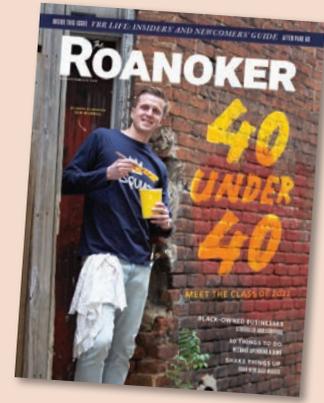
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**Roanoke Star & Overlook, Mill Mountain**

Blue Ridge Parkway Milepost 120, 2000 JB Fishburn Pkwy., Roanoke; 540-853-1236; playroanoke.com/the-roanoke-star. 100-foot historic man-made star on Mill Mountain. Beautiful scenic overlook. 🚗🐾

**The Roanoke STARCADE**

1 Market Sq. SE, Second Floor, Roanoke; 540-342-5747; roanokestarcade.org. Over 60 vintage and popular arcade games. 🚗🎮

**Science Museum of Western Virginia**

1 Market Sq. SE, Ste. 4, Roanoke; 540-342-5710; smwv.org. A variety of exhibits that span the spectrum of science. 🚗

**Splash Valley Water Park**

7415 Wood Haven Rd., Roanoke; 540-777-6300; splashvalleywaterpark.com. Outdoor water park featuring slides, a current river, children's sprayground and more! 🚗

**Taubman Museum of Art**

110 Salem Ave. SE, Roanoke; 540-342-5760; taubmanmuseum.org. Inspiring Art Exhibitions, Educational Programs, Fun Events - Family Friendly! 🚗🎨👤

**Vinton History Museum**

210 E. Jackson St., Vinton; 540-342-8634; vintonhistorymuseum.org. An educational, fun and free experience for everyone!

**Virginia Museum of Transportation**

303 Norfolk Ave. SW, Roanoke; 540-342-5670; vmt.org. Virginia's official transportation museum. Locomotives, antique automobiles, aviation. 🚗🚂🐾

**SALEM**

**Salem Visitor's Center**

1001 Roanoke Blvd., Salem; 540-375-4044; visitsalemva.com. Visitors center with information on Salem & Virginia's Blue Ridge. 🚗🎧👤

**THINGS TO DO**

**Dixie Caverns**

Directly off I-81 at Exit 132, 5753 W. Main St., Salem; 540-380-2085; dixiecaverns.com. Cavern tours, gift and rock shop and antiques mall, campground. Open all year. 🚗

**Downtown Salem Historic District**

Main St. from Academy St. to College Ave., Salem; 540-375-4044; visitsalemva.com. National Historic District encompassing 34 buildings dating from late 19th and early 20th century. Features eateries, brewery, gift shops and Roanoke College Campus. 🚗🐾👤

**Olde Salem Brewing Company**

21 East Main St., Salem; 540-404-4399; oldesalembrewing.com. Thoughtfully crafted beer in the heart of Salem's Historic Main Street District.

**Outdoors In Salem**

110 Union St., Salem; 540-375-4044; visitsalemva.com. Near Salem you find the Appalachian Trail and McAfee Knob, mountain biking at Carvin's Cove plus in-town Roanoke River Blueway for kayak and canoe and miles of greenway. 🚗👤

**Parkway Brewing Company**

739 Kessler Mill Rd., Salem; 540-404-9810; parkwaybrewing.com. Delicious beer, beautiful vistas and distinctive music in Virginia's Blue Ridge.

**Salem Museum**

801 E. Main St., Salem; 540-389-6760; salemmuseum.org. 300+ years of regional history; historic house, arts, sports, gardens. 🚗🎨

**Salem's 9-11 Memorial**

216 S. Broad St., Salem; 540-375-3081; visitsalemva.com. Lasting tribute to 9-11 located one block from Main Street. 🚗🐾👤

**SMITH MOUNTAIN LAKE**

Includes Hardy, Huddleston, Moneta, Sandy Level

**Smith Mountain Lake Regional Chamber of Commerce and Visitors Center**

Bridgewater Plaza, Suite 2, 16430 Booker T. Washington Hwy., Moneta; 540-721-1203; visitsmithmountainlake.com. "Jewel of the Blue Ridge" 🚗🐾

**THINGS TO DO**

**Booker T. Washington National Monument**

12130 Booker T. Washington Hwy., Hardy; 540-721-2094; nps.gov/bowa. Birthplace of Booker T. Washington. Open daily, 9am-5pm. 🚗

**Smith Mountain Lake Dam Visitors Center**

2072 Ford Rd., Sandy Level; 540-985-2587; smithmtn.com. At the visitors center overlooking the dam, you'll enjoy learning how electricity is generated. 🚗

**Smith Mountain Lake State Park**

1235 State Park Rd., Huddleston; 540-297-6066; virginiastateparks.gov/smithmountain-lake. 🚗🐾👤