

The **VIRGINIA MOUNTAINS** region sits between the Shenandoah Valley and the Southwestern part of the state. Filled with spectacular views and a wealth of outdoor adventures, this region is a perfect destination for travelers who want to experience a true getaway. Scenic drives through the mountains connect many of the charming towns and lively cities, each with its own genuine brand of local culture, historic sites and delicious food. From the natural hot springs in Bath County to the bustling city of Roanoke, and down to the shores of Smith Mountain Lake, the Virginia Mountains offer travelers every reason to stop, relax and stay awhile.



ENJOY WORLD-CLASS MUSIC AND

cuisine at the Garth Newell Music Center in Warm Springs, where resident artists are joined by renowned guests to enjoy chef-prepared meals in a rustic setting. Stay at the restored Inn at Gristmill Square B&B and dine at their award-winning restaurant, The Waterwheel. Or camp at Douthat State Park, which offers hiking, mountain biking, fishing, watercraft rentals, tent sites and cabin rentals.

PUMP UP THOSE TIRES and hit the Jackson River Scenic Trail, a railbed trail suitable for family bike riding. While you're in Covington, plan some time on the Alleghany Highlands Blueway, comprised of the Jackson and Cowpasture Rivers, Douthat Lake and Lake Moomaw.

CATCH A SHOW at the Historic Masonic Theatre in Clifton Forge or the adjacent Amphitheatre, designed and built by Virginia Tech architecture students.

PADDLE THE UPPER JAMES WATERWAY

TRAIL and experience outstanding scenic beauty, history, wildlife and freshwater fishing. Twelve public access points, including Iron Gate, Buchanan and Glen Maury Park, and several outfitters and guides make this historic waterway accessible for all skill levels.

RENT A HOUSEBOAT and enjoy the sunset on Smith Mountain Lake. Five hundred miles of coastline in two counties, Bedford and Franklin, make this lake a favorite for water-based fun and relaxation.

■ VISIT THE NATIONAL D-DAY MEMORIAL

in Bedford, an immersive experience of sound, sculpture and imposing architecture which tells the story of the Normandy invasion of WWII, then take a ride up the Blue Ridge Parkway to Peaks of Otter to hike, bike or even spend the night at rustic Peaks of Otter Lodge.

EXPERIENCE LIFE ON A TOBACCO FARM

at the Booker T. Washington Monument in Hardy, and learn about Washington's early life as a slave, before he rose to prominence as a leader and educator.

GET A LITERAL TASTE OF HISTORY in

the moonshine capital of America, where Franklin County Distillery offers genuine moonshine just like the bootleggers used to make back in the day. Stop in the small town of Rocky Mount at The Harvester Performance Center, where you'll catch an intimate show from talented performers such as Willie Nelson. Don't forget to stop at Homestead Creamery in Burnt Chimney, where you can enjoy lunch and renowned ice cream, or learn more about the local community's agriculture by exploring their farm and dairy plant.

■ ENJOY CULTURE, FOOD AND THE

OUTDOORS with a stay in Roanoke. Stop at Center in the Square for its many museums and butterfly garden. Play vintage pinball games at the Pinball Museum and catch a play on the Mill Mountain Theater stage. Explore craft beers along the Blue Ridge Beerway, visiting breweries in Botetourt, Bedford and Roanoke counties. Speaking of explore, Roanoke County's Explore Park offers camping, glamping and even heated and air-conditioned pod cabins, as well as stellar mountain bike trails and great fishing and paddling on the Roanoke River, all about 20 minutes from downtown and directly off the Blue Ridge Parkway at milepost 115.

Don't leave Roanoke without stopping at the MILL MOUNTAIN STAR, the world's largest illuminated man-made star, and viewing the city from 1,045 feet above. Beautiful both day and night!

PUT ON YOUR SERIOUS HIKER FACE and tackle Virginia's Triple Crown – Dragon's Tooth, McAfee Knob and Tinker Cliffs. These challenging hikes will be rewarded with stunning views and incredible photo ops.

CATCH A FLY BALL at a Salem Red Sox game. Farm team of the Boston Red Sox, their home is Haley Toyota Field at Salem Memorial Ballpark, which boasts beautiful views of the surrounding mountains.





Virginia Mountains

Welcome Center at Covington vo

Virginia Tourism Corporation Mile Marker 2, I-64 Eastbound Covington 24426 540-559-3010

ALLEGHANY HIGHLANDS

INCLUDES CLIETON FORGE COVINGTON, LOW MOOR, MILLBORG

ALLEGHANY HIGHLANDS CHAMBER OF COMMERCE & TOURISM

110 Mall Rd., Covington 24426 540-962-2178; 888-430-5786 visital leghany highlands.comBeautiful mountain views, endless outdoor recreation and two walkable downtowns with locally-owned shops and restaurants Historic treasures and a thriving arts community. Get away, enjoy - it's uniquely Alleghany!

> THINGS TO DO

ALLEGHANY HIGHLANDS ARTS & CRAFTS CENTER

439 E. Ridgeway St.; Clifton Forge 24422 540-862-4447

Fine art, fine crafts, fine folks. Regional juried fine art and crafts. Rotating, invitational gallery exhibits. Open Tuesday-Saturday, Mid-January-April; open Monday-Sunday, May-December; closed Thanksgiving, Christmas, July 4th.

ALLEGHANY HIGHLANDS BLUEWAY

110 Mall Rd., Covington 24426 540-962-2178: 888-430-5786 alleghanyhighlandsblueway.com Miles of scenic rivers and shoreline on two

ALLEGHANY HIGHLANDS GENEALOGICAL SOCIETY

515 E. Pine St., Covington 24426 540-962-1501; ahgscov.org Library and archives with hundreds of old photos and records.

ALLEGHANY HIGHLANDS TRAILS

110 Mall Rd., Convington 24426 540-962-2178; alleghanyhighlandstrails.com Many miles of challenging trails with peaceful mountain views.

ALLEGHANY HISTORICAL SOCIETY COVINGTON DEPOT

149 Maple Ave., Covington 24426 540-965-0149; 888-430-5786 alleghanyhistorical.org Restored 1908 C&O passenger depot and 1890 freight depot. == &

BLUE SPRING RUN FARM

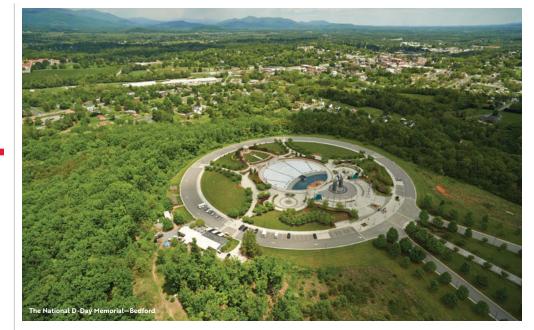
3901 Blue Spring Run Rd., Covington 24426 540-747-2055; bluespringrunfarm.com Tours, seasonal produce, baked goods and sweet treats available year-round.

C&O RAILWAY HERITAGE CENTER

705 Main St., Clifton Forge 24422 540-862-8653; 800-453-2647; cohs.org Railway heritage museum that tells the story of C&O Railway. 🖚 b.

CHILDREN'S FOREST

State Rt. 18, James River Ranger District, Covington 24426 540-962-2214; visitalleghanyhighlands.com Planted by children, a unique site offering an



CLIFTON FORGE SCHOOL OF THE ARTS

518 Church St., Clifton Forge 24422 540-862-7275; cfsota.org Offers a large array of art and music classes.

DOUTHAT STATE PARK VG

14239 Douthat State Park Rd., Millboro 24460 540-862-8100: 800-933-7275: 800-933-PARK

FALLING SPRING FALLS

Scenic overlook on Rt. 220 north of Covington Covington 24426 540-962-2178; 888-430-5786 visitalleghanyhighlands.com Remarkable cascade falling about 80 feet to the valley below. 🖚 📽 🖔

HISTORIC HUMPBACK BRIDGE

1-64 Exit 10 to Rt. 60 travel 1/2 mile east or take Rt. 60 west from Covington 24426 540-962-2178; 888-430-5786; visitalleghanyhighlands.com The oldest bridge of this style in existence; wayside park. 🖚 🛎 🕹

HISTORIC MASONIC THEATRE

510 Main St., Clifton Forge 24422 540-862-5655; historicmasonictheatre.com Constructed in 1905, now used as a performing arts center. \$ ------

JACK MASON'S TAVERN

400 E. Ridgeway St., Clifton Forge 24422 540-862-5624; jackmasonstavern Open at 11am, seven days a week for lunch. dinner, craft beer and lots of fun!

JACKSON RIVER SCENIC TRAIL

Alleghany County Parks & Recreation Covington 24426 540-863-6622; alleghanyhighlandstrails.com 14.4-mile trail for biking, hiking and horseback

JACKSON RIVER SPORTS COMPLEX

870 W. Edgemont Dr., Covington 24426 540-965-6360; covington.va.us State-of-the-art sports facility. Athletic fields lighted tennis courts, driving range. \Longrightarrow & &

LAKE MOOMAW, GATHRIGHT DAM AND MORRIS HILL CAMPGROUND

South end of Lake Moomaw, Morris Hill Rd., 110 Mall Rd., Covington 24426 540-962-2178; 888-430-5786 visitalleghanyhighlands.com Nestled in the scenic Alleghany Mountain camping, boating, fishing, swimming. \$==

MAIN STREET PARK/ENGINE 701

Main St., 333 W. Locust St., Covington 24426 540-962-6360; covington.va.us Six-acre community park with the refurbished 701 Steam Engine.

MASONIC AMPHITHEATRE

513 Church St., Clifton Forge 24422 540-862-5655; historicmasonictheatre.com A unique venue that offers entertainment in music and theatre performances.

OAKLAND CHURCH & CEMETERY

Low Moor/Selma Rd., Low Moor 24457 540-962-2178: 888-430-5786: visitalleghanyhighlands.com Circa 1834; served as hospital during Civil War; Confederate soldiers buried here.

RIVER ROCK AMPHITHEATRE

870 W. Edgemont Dr., Covington 24426 540-965-6360; covington.va.us Seasonal entertainment in a unique venue. 🖚 🛎 🕹

WRIGHTSVILLE HERITAGE MUSEUM

702 Wrightstown Rd., Rt. 60 and 220 Exit 16 off I-64, Covington 24426 540-962-6787

tmfndt.wix.com/themcclintonfoundation Historical artifacts, paintings, furniture, machinery, clothing. Some dating back to slavery

BEDFORD AREA

INCLUDES BIG ISLAND, FOREST

BEDFORD AREA WELCOME CENTER VG U.S. 460 & 122, 816 Burks Hill Rd.

Bedford 24523 540-587-5681; 877-447-3257; visitbedford.com Bedford offers outdoor recreation, wineries, breweries, shopping, unique dining and lodging. RV hook-ups, Wi-Fi and meeting space available.

> THINGS TO DO

BEDFORD MUSEUM AND **GENEALOGICAL LIBRARY**

201 E. Main St., Bedford 24523 540-586-4520; bedfordvamus Local history. Open 10am-5pm, Monday

THE BEDFORD WINE TRAIL

816 Burks Hill Rd., Bedford 24523 540-587-5681; 877-447-3257 thebedfordwinetrail.com Savor the flavor of exquisite wine varieties and enjoy wonderful views.

BIG OTTER MILL Rt. 122 North, Bedford 24523 434-455-2308: bigottermill.com Historic mill that hosts events and group tours by appointment.

BOWER CENTER FOR THE ARTS

305 North Bridge St., Bedford 24523 540-586-4235; bowercenter.org Cultural center with art exhibits, of workshops throughout the year. 🖚 🕹

THE CHARLES & LOUISE WHARTON

315 North Bridge St., Bedford 24523 540-587-5681; bedfordhistory.org 1883 Italianate house and gardens. Gardens open to public.

FALLING CREEK PARK

1229 County Farm Rd., Bedford 24523 540-586-7682; co. bedford.va.us Disc golf, bike, birding, wildlife walking trails, skateboard park, picnic shelters.

HISTORIC AVENEL PLANTATION 413 Avenel Ave., Bedford 24523

540-586-1814; historicavenel.com 1830s plantation house with resident ghost and tours by appointment. \$

HUNTER'S RAID CIVIL WAR TRAIL

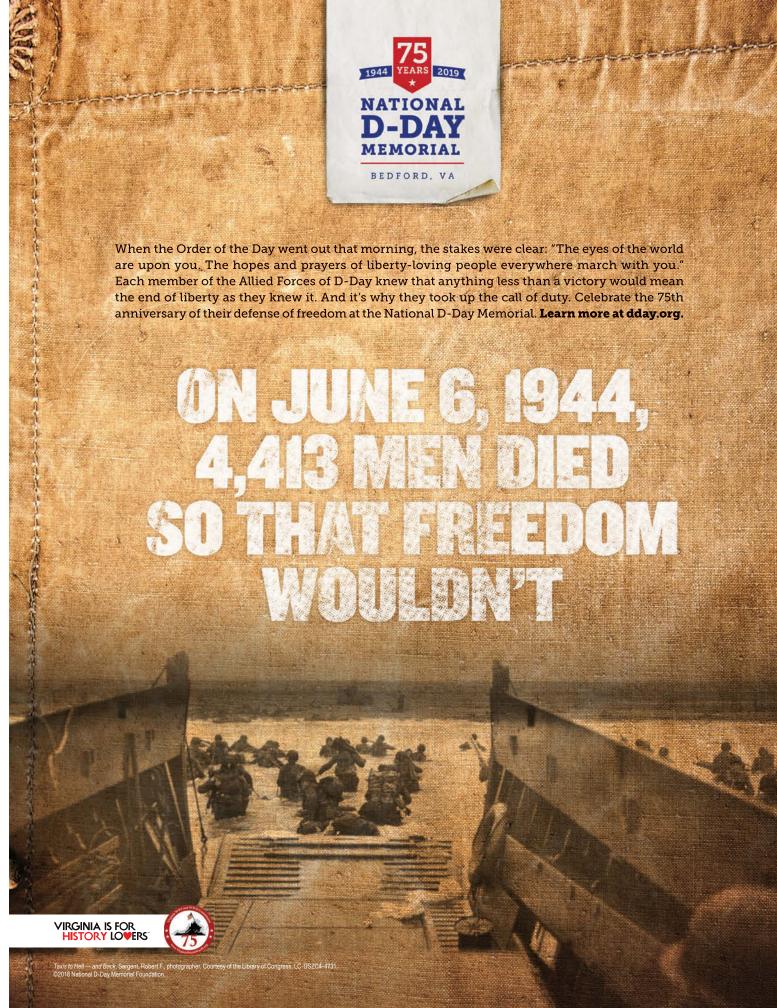
816 Burks Hill Rd., Bedford 24523 540-587-5681: 877-447-3257; civilwartrails.org Bedford hosts four sites. Information at Bedford Area Welcome Center.

NATIONAL D-DAY MEMORIAL

3 Overlord Cir., Bedford 24523 540-586-3329; 800-351-3329; dday.org This national monument honors the Allied forces on D-Day. \$ 5.

PEAKS OF OTTER

Milepost 86, Blue Ridge Pkwy., Bedford 24523 540-586-4496; 800-542-5927; peaksofotter.com Hiking, fishing, wildflower trails, picnic areas, campgrounds, spectacular mountain views.





SEDALIA CENTER

1108 Sedalia School Rd., Big Island 24526 434-299-5080; sedaliacenter.org Venue hosting concerts, festivals workshops and more. Camping available. \$

THOMAS JEFFERSON'S POPLAR

1542 Bateman Bridge Rd., Forest 24551 434-525-1806; poplarforest.org Pursue happiness! Discover Jefferson's personal retreat. Ongoing restoration and archaeology. \$===

BOTETOURT COUNTY

INCLUDES BUCHANAN. EAGLE ROCK, FINCASTLE

BOTETOURT COUNTY CHAMBER OF COMMERCE

13 West Main St., Fincastle 24090 540-928-2017; botetourtchamber.com Visit Botetourt, located in the heart of Virginia's Blue Ridge.

BOTETOURT COUNTY PARKS AND RECREATION AND FACILITIES

16 East Main St., Box 4, Fincastle 24090 540-928-2130: visitybr.com/botetourt Historic Botetourt, Appalachian Trail, James River, Parkway and more

> THINGS TO DO

BLACKSMITH SHOP / WYSONG

West Main St. Fincastle 24090 540-473-3077; hisfin.org Circa 1840; it's contains blacksmith tools and history of the family who owned it.

BOTETOURT COUNTY HISTORIC CIRCUIT COURTHOUSE

1 West Main St., Fincastle 24090 540-473-8274; hisfin.org Original, primary source genealogy documents dating to the early

ROTETOURT COUNTY HISTORICAL MUSEUM

Courthouse Square, Fincastle 24090 540-473-3713; bothistsoc.org Houses hundreds of artifacts and historic interpretations of Botetourt County.

BUCHANAN HISTORIC THEATRE

19778 Main St., Buchanan 24066 540-254-1155; buchanantheatre.com Big Screen in small town. National Register of Historic Places \$

FINCASTLE HISTORIC DISTRICT

Fincastle 24090 540-473-3077; hisfin.org A virtual museum of American architecture from 1770s-20th century.

FINCASTLE LIBRARY GENEALOGY

ROOM 11 Academy St., Fincastle 24090

available.

540-928-2700 botetourtva.gov/libraries/genealogy.php Botetourt once extended through seven present-day states. Genealogical resources

HISTORIC BUCHANAN

19753 Main St., Buchanan 24066 540-254-1212; townofbuchanan.com Small town with more than 200 years of history. 💳📽

JAMES MATTEN EARLY CABIN

121 Murray St., Fincastle 24090 540-473-3077; hisfin.org Furnished historic cabin, circa 1796 scheduled tours available. \$

ROARING RUN RECREATION AREA

450 Roaring Run Rd., Eagle Rock 24085 540-928-2130: visitybr.com/botetourt Early 1800s iron furnace; leisurely hike to exquisite water fall.

UPPER JAMES RIVER WATER TRAIL

16 East Main St., Fincastle 24090 540-928-2130; upperjamesriverwatertrail.com Blueway with nine public access points, kayaking, tubing, canoeing, fishing. 🖚 📽

COUNTY OF BATH INCLUDES HOT SPRINGS, MILLBORO

WARM SPRINGS **COUNTY OF BATH VISITOR CENTER**

2696 Main St., Hot Springs 24445 800-628-8092: discoverbath.com Information about local attractions include golf, campgrounds, resorts, spas, bed & breakfasts, state parks, hiking, hunting, fishing.

> THINGS TO DO

ASHWOOD STATION

5295 Sam Snead Hwy., PO BOX 905 Hot Springs 24445 540-839-2349 A unique shopping experience- antiques, vintage and handcrafted items galore!

BATH COUNTY HISTORICAL

SOCIETY MUSEUM 99 Courthouse Hill (across from library) Warm Springs 24484 540-839-2543; bathcountyhistory.org Historical museum and research library

Call for seasonal hours. BLOWING SPRINGS

Rt. 39, 7608 Mountain Valley Rd., Warm Springs 24484 Hiking, wildlife, birding, fishing. 📽

BOLAR MOUNTAIN RECREATIONAL AREA

756 Twin Ridge Dr., Rt. 600 Warm Springs 24484 540-839-2521; discoverbath.com Swimming, camping, fishing, hunting, boating, hiking, wildlife, birding, picnic area.

COURSEY SPRINGS FISH

300 Hatchery Ln., Millboro 24460 540-925-2343; dgif.state.va.us Free guided tours, 365 days a year.

DOMINION BACK CREEK RECREATION AREA

Rt. 600, 316 Power Station Dr. Warm Springs 24484 540-279-4136; discoverbath.com Swimming, hiking, non-power boating, picnic areas.

DOUTHAT STATE PARK

14239 Douthat State Park Rd., Millboro 24460 540-862-8100; 800-933-PARK virginiastateparks.gov. \$ 🖚 📽

GARTH NEWEL MUSIC CENTER

403 Garth Newel Ln., Hot Springs 24445 540-839-5018; garthnewel.org World-class music, gourmet food, friendly people and breathtaking scenery. \$===



GATHRIGHT DAM

316 Power Station Dr., Warm Springs 24484 540-962-1138; discoverbath.com Scenic overlooks, camping, boating, fishing, swimming, hiking.

HIDDEN VALLEY RECREATIONAL

1531 Hidden Valley Rd., Warm Springs 24484 540-839-2521: discoverbath.com Camping, fishing, hiking and biking trails, birding, wildlife.

LAKE MOOMAW AT BOLAR MOUNTAIN RECREATIONAL AREA

756 Twin Ridge Dr., Warm Springs 24484 877-444-6777; 800-342-2267

discoverbath.com A renowned fishing spot. Activities include boating, fishing, hiking, biking, camping.

LES COCHONS D'OR (LCDO)

2829 Main St. Hot Springs 24445 540-839-8900; lcdoinc.com Inspired, rustic American dining with a French twist.

THE NATURE CONSERVANCY

420 Forestry Rd. Hot Springs 24445 540-839-3599; nature.org/en-us/get-involved/ how-to-help/places-we-protect/warm-springsmountain/

Warm Springs Mountain Preserve features

PUMPED STORAGE STATION

Rt. 600, 316 Power Station Dr. Warm Springs 24484 540-279-4136; discoverbath.com Cited as one of the nation's most outstanding engineering achievements.





DISCONNECTING IS THE **BEST WAY TO CONNECT.**

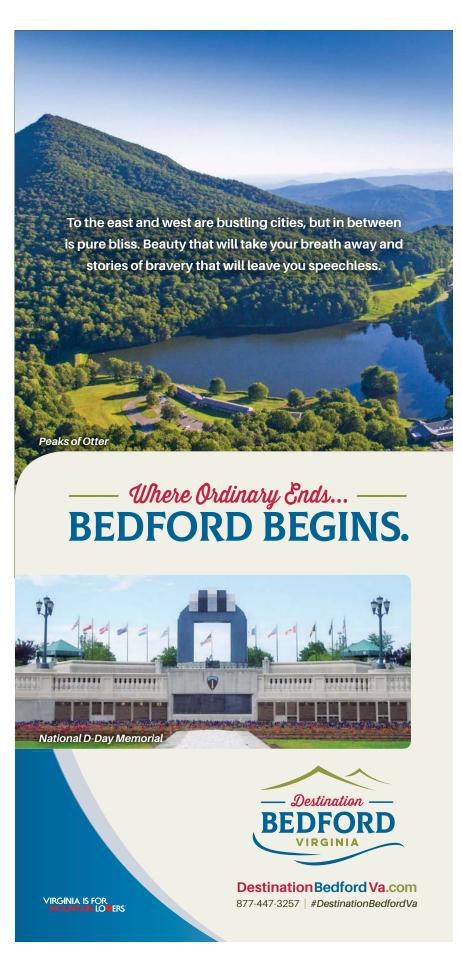
If you're looking for a charming place to hike or get away, make your break for the Peaks of Otter Lodge. Enjoy a tranquil experience in the Blue Ridge Mountains just 45 minutes from Roanoke. The Peaks of Otter Lodge proves that what's hidden away is worth discovering.

BOOK YOUR RESERVATION Peaks0f0tter.com | 888-454-7711









SNEAD'S 1912 STEAK

P.O. Box 1316 Hot Springs 24445 540-839-6328; sneads1912.com Premier steakhouse in Bath County. 💳 🕹

WARM SPRINGS MOUNTAIN **PRESERVE**

Rt. 39 and Rt. 703, Warm Springs 24484 540-839-3599; nature.org Trails known for amazing diversity of natural communities, plants, animals.

CRAIG COUNTY

INCLUDES NEW CASTLE, PAINT BANK

CRAIG COUNTY TOURISM COMMISSION

108 Court St., New Castle 24127 540-864-5010; visitcraigcountyva.com mous outdoor playground; 300 square miles and no traffic lights!

CRAIG COUNTY VISITOR INFORMATION

303 Main St., New Castle 24127 540-864-8978; craiglibrary.com Information on Craig County and historic New Castle. Start of The Craig County Barn Quilt Trail.

> THINGS TO DO

FENWICK MINES DAY USE AREA 128 Old Jeep Rd., New Castle 24127

540-552-4641; fs.usda.gov Hiking and horse trails, pond and picnic areas.

NEW CASTLE TOWN PARK

210 Salem Ave., New Castle 24127 540-864-2200; visitcraigcountyva.com Play equipment, picnic area, open space, LOVEworks, restaurants, shopping nearby.

OLD BRICK HOTEL & GENEALOGY LIBRARY

141 Court St., New Castle 24127 540-864-5004; visitcraigcountyva.co Three floors of local history and artifacts.

PAINT BANK FISH HATCHERY

14505 Paint Bank Rd., Paint Bank 24131 540-897-5401; dgif.virginia.org
Open 7am-3:30pm daily. Family-friendly trout viewing experience.

FRANKLIN COUNTY/ **ROCKY MOUNT**

INCLUDES AXTON, BOONES MILL, CALLAWAY, FERRUM, HARDY, HENRY, MONETA, PENHOOK

FRANKLIN OFFICE OF ECONOMIC **DEVELOPMENT-TOURISM**

1255 Franklin St., Suite 112 Rocky Mount 24151 540-483-3030; visitfranklincountyva.com The Gateway to the Virginia Mountains Region and much more.

TOWN OF BOONES MILL

359 Boones Mill Rd., Boones Mill 24065 540-334-5404; visitfranklincountyva.com Rail heritage, craft beer & spirits, art and great food.

TOWN OF ROCKY MOUNT

345 Donald Ave., Rocky Mount 24151 540-483-7660; rockymountva.org Great music, restaurants, outdoor recreation and historic tours.

> THINGS TO DO

THE 1769 OLD CHAPEL CHURCH

436 Old Chapel Rd., Penhook 24137 385 Speedway Ln., Callaway 24067 540-483-3030; visitfranklincountyva.com 276-613-4208; franklincospeedway.com Restored historic church; oldest timber-frame Regional stock car racing on 3/8-mile paved structure in Southwest Virginia. oval track.

BLUE RIDGE INSTITUTE AND FARM MUSEUM

20 Museum Dr., Ferrum College, Ferrum 24088 540-365-4416; blueridgein State center for Blue Ridge folklore. Folklife exhibits.

BOOKER T. WASHINGTON NATIONAL MONUMENT

12130 Booker T. Washington Hwy. Hardy 24101 540-721-2094; nps.gov/bowa Birthplace of Booker T. Washington. Open daily, 9am-5pm.

BOONES MILL HISTORIC DISTRICT

Downtown, Main/Easy Sts., Boones Mill 24065 540-334-5404; townofboonesmill.org Discover a vibrant community rich with local history.

FRANKLIN COUNTY ARTISAN STUDIO AND HARVEST TOUR

540-483-2850: arrandharvest.co Annual October tour featuring local art, craft and agricultural products.

FRANKLIN COUNTY BARN QUILT TRAIL

540-483-5161; barnquilttrailfc.com Largest barn quilt trail in Virginia, view land

FRANKLIN COUNTY HISTORICAL SOCIETY MUSEUM AND RESEARCH LIBRARY

460 S. Main St., Rocky Mount 24151 540-483-1890 franklincountyvirginiahistoricalsoc.org Explore local history and research family roots. Annual special events.

FRANKLIN COUNTY SPEEDWAY

GRAINERY GALLERY AND STUDIOS

220 Franklin St., Rocky Mount 24151 540-483-1317; hottaffyglass.com/the-grainery Galleries, gift shop, regional art, artisan studios and demonstrations.

GRASSY HILL NATURAL AREA

150 Technology Dr., Rocky Mount 24151 540-265-5234; dcr.virginia.gov/naturalheritage/natural-area-preserves/grassyh 6.6 mile trail within 1,440 acres hosting unique woodland settings. 📽

HARVESTER PERFORMANCE CENTER

540-484-8277; 540-GUITARS Amazing sounds in a historic hardware store! 175 shows yearly!

450 Franklin St., Rocky Mount 24151

HISTORIC BOONES MILL N&W DEPOT

24 Depot Drive, Boones Mill 24065 540-334-5404; townofboonesmill.org National Register listed, built in 1892 and public restoration project.

JAMISON MILL RECREATION PARK

2000 Jamison Mill Rd., Henry 24102 540-483-9293; playfranklincounty.com Scenic 300-acres along Philpott Lake, hiking/ biking trails, camping and paddling. 📽

JUBAL A. EARLY HOMEPLACE

455 Old Hollow Ln., Hardy 24101 540-483-3030; jubalearly.org 1814 home of General Jubal Early. Listed in National Register, no admission fee.

PHILPOTT LAKE

1058 Philpott Dam Rd., Bassett 24055 276-629-2703; visitphilpottlake.com Swimming, boating, fishing, hiking, campgrounds, six beaches, nine boat launches



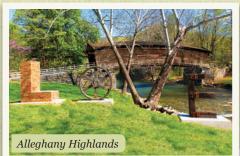
EXPLORE CHARMING TOWNS AMID BEAUTIFUL SCENERY IN VIRGINIA'S WESTERN HIGHLANDS.



Virginia's Western Highlands is famous for its peaceful back roads. With little traffic and endless scenery, these byways are popular with motorcyclists and automobile enthusiasts alike.

You're never far from a stunning mountain view, which is not surprising, since *Virginia's Western Highlands* is home to some of the state's most unspoiled mountain landscape. Visitors to the region are often surprised and delighted by the many charming small towns to explore and the wonderful shopping, dining and culture they possess.

The mountain scenery has lured visitors to the region for centuries, but in 2019, you can add another Instagram moment to your list of reasons to visit. It's the 50th Anniversary of the iconic Virginia is for Lover's campaign and travelers are literally finding LOVE all across the commonwealth. Each of the four counties in Virginia's Western Highlands has a LOVE sign that serves as a perfect photo op. Each is locally produced and is designed with local amenities or history in mind. Visit all four and share your photos using the hashtags #VaWesternHighlands and #LoveVa.

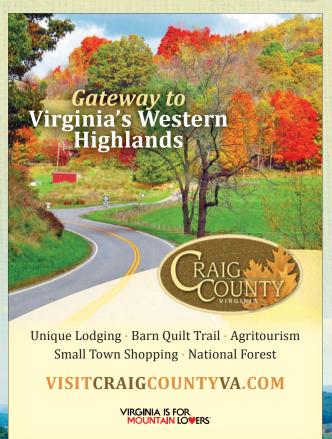


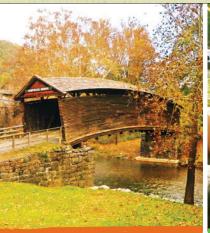




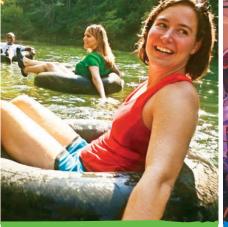
Plan your **adventure** at **VaWesternHighlands.com**

MAPS · SCENIC DRIVES · CALENDAR OF EVENTS









Outdoor adventure on the rivers, lakes, trails and scenic byways



History, culture, cuisine and hospitality in two downtowns

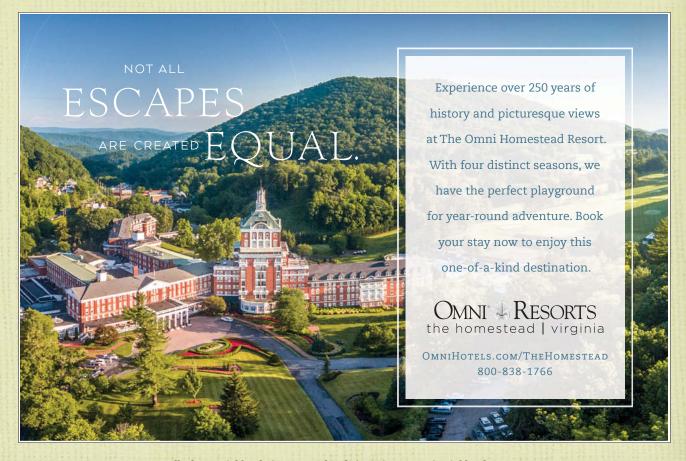


Clifton Forge and **Covington** feature charming, authentic downtowns with local shops, restaurants and craft beer. The surrounding mountains are an outdoor adventure playground with hiking, biking, paddling and scenic drives. See for yourself what makes life here **Uniquely Alleghany.**

visitalleghanyhighlands.com

540-962-2178 · 888-430-5786 · #UniquelyAlleghany

VIRGINIA IS FOR



PROVIDENCE RACEWAY

3399 Providence Church Rd., Henry 24102 540-420-6833; providenceraceway.com Competitive kart racing on dirt bullring. Season runs April-November.

ROCKY MOUNT HISTORIC DISTRICT

Downtown Rocky Mount - Franklin St., Rocky Mount 24151 540-263-8319; historicrockymount.com Discover hidden gems throughout downtown National Register of Historic Places.

SMITH MOUNTAIN LAKE

Moneta 24121 540-721-1203; visitsmithmountainlake.co 500 shoreline miles.

SMITH MOUNTAIN LAKE COMMUNITY PARK

1480 Parkway Ave., Moneta 24121 540-483-9293; playfranklincounty.com Public beach access, fishing pier, walking trails, playground and more.

SMITH MOUNTAIN LAKE FARM ALPACAS

Morewood Rd., Hardy 24101 540-719-0281; smithmountainlakefarm.com Offers guided educational, hands-on, interactive tours daily by reservation.

TURKEYCOCK WILDLIFE MANAGEMENT AREA

State Rt. 619, Axton 24054 804-367-1000; dgifwirginia.gov/wmas 2,679 acres, hiking and wildlife opportunities, dense hardwood covered mountain.

TWIN RIDGE RECREATION PARK

276-629-2703; visitfranklincountyva.com Hosts such events as the National Guard FLW College Fishing Northern Conference Championship.

WAID RECREATIONAL AREA

701 Waid Park Rd., 2150 Sontag Rd. Rocky Mount 24151 540-483-9293; playfranklincounty.com Bike/hiking trails, playground, sports fields, river access and more.

WHITE LIGHTENING ARTISAN TRAIL

540-483-3030; whitelighteningartisantrail.com Handmade, homemade, homegrown crafts, arts, products in studios and shops.

HIGHLAND COUNTY

> THINGS TO DO

HIGHLAND COUNTY VISITOR

61 Highland Center Dr., Monterey 24465 540-468-2550; highlandcounty.org Virginia's Sweet Spot. Hiking, birding, barn quilt tours, Maple Festival.

FAIR LAWN FARM

3118 Mill Gap Rd., Monterey 24465 540-468-3094; comehometofairlawnfarm.com Vintage farm tour, sugar camp, heirloom orchard. Call for appointment.

HIGHLAND COUNTY MAPLE SUGAR

540-468-2550; highlandcounty.org/for-thevisitor/highland-countys-maple-sugar-camps Visit a camp to learn about Maple Syrup! Call for appointments.

HIGHLAND COUNTY MUSEUM

161 Mansion House Rd., McDowell 24458 540-396-4478; highlandcountyhistory.com Explore Highland County's rich heritage and Civil War history!



HIGHLAND COUNTY WALK OF HONOR

165 W. Main St., Monterey 24465 540-468-2551; highlandcova.org/Memorial Highland County's tribute to our area veterans.

LAUREL FORK, GEORGE WASHINGTON AND JEFFERSON NATIONAL FORESTS

Laurel Fork, Highland County Chamber of Commerce, Monterey 24465 540-468-2550; highlandcounty.org Experience scenic beauty, untouched land, fishing, camping and native wildlife.

MCDOWELL BATTLEFIELD

U.S. 220, McDowell 24458 540-396-4478; highlandcountyhistory.com Experience an unspoiled mountain Civil War battlefield.

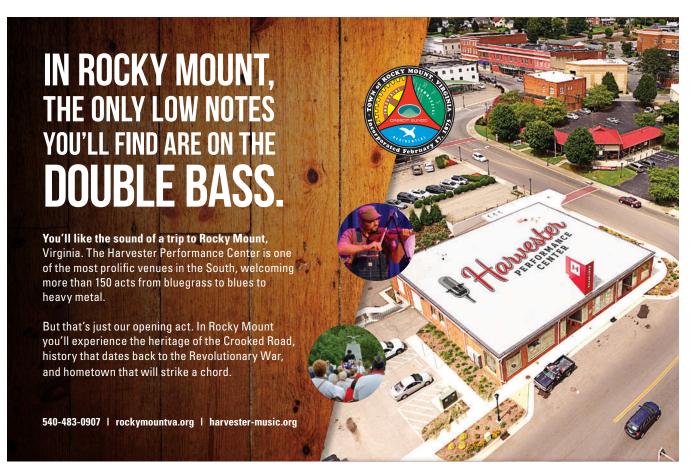
ROANOKE

EXPLORE PARK VG

BRP Milepost 115, 56 Roanoke River Parkway Rd., Roanoke 24014
540-427-1800; explorepark.org
Hiking trails, river access, disc golf course, camping and visitor center.

VIRGINIA'S BLUE RIDGE VISITOR INFORMATION CENTER

101 Shenandoah Ave. NE, Roanoke 24016 540-342-6025; 800-635-5535; visitvbr.com Off I-81, Exit 143 and Parkway Milepost 120 Open daily.

















Doit all in

Franklin County, Virginia





Franklin County is a distinct outdoor destination along the Blue Ridge Parkway. It is a landscape woven with miles of roads, trails, and waters perfect for adventures of all kinds. Bike along nearly 50 miles of scenic byways.

You can paddle on one of five blueways, including Philpott Lake. Or spend the day boating on one of two lakes, including Smith Mountain Lake. Finish the day with a craft beverage at one of our fine wineries, breweries or distilleries.



(540) 483-3030 | VisitFranklinCountyVA.com









VISIT VIRGINIA'S BLUE RIDGE

101 Shenandoah Ave. NE, Roanoke 24016 540-342-6025; 800-635-5535; visitvbr.com Virginia's Blue Ridge, a metro-mountain visitor destination.

> THINGS TO DO

CENTER IN THE SQUARE

1 Market Sq., SE, Roanoke 24011 540-342-5700; centerinthesquare.org Cultural complex housing history, science museums and a theatre.

CRYSTAL SPRING PUMP STATION

2012 South Jefferson St., Roanoke 24014 540-982-5465; roanokehistory.org View the great fly-wheel rotating, the pistons pumping and hear the sound of steam escaping.

ELEANOR D.WILSON MUSEUM AT HOLLINS UNIVERSITY

8009 Fishburn Dr., Wetherill Visual Arts Center, Roanoke 24020 540-362-6532; hollins.edu/museum Featuring exhibitions exploring currents in contemporary art. &

HARRISON MUSEUM OF AFRICAN-AMERICAN CULTURE

1 Market Sq., SE, Roanoke 24011 540-857-4395; harrisonmuseum.con Showcasing the art and history of local/regional/national African Americans. **\$ == &** !!

HIGH GROUND VETERANS MONUMENT

814 Washington Ave., Vinton 24179 540-983-0613; vintonva.gov Honoring veterans who serve and who have served.

HISTORIC GRANDIN VILLAGE & THEATRE

1310 Grandin Rd., SW, Roanoke 24015 540-345-6177; historicgrandinvillage.com Quaint village area with shops & restaurants including Grandin Theatre.

HISTORIC ROANOKE CITY MARKET & DOWNTOWN

213 Market St., Roanoke 24011 540-342-2028; roanokemarket.com Shop, eat, create, explore. There's always something happening in Downtown.

HISTORY MUSEUM OF WESTERN VIRGINIA

JEFFERSON CENTER

541 Luck Ave., Ste. 221, Roanoke 24016 540-345-2550; 866-345-2550; jeffcenter.org Historic performing arts theater, art gallery and conference facilities.

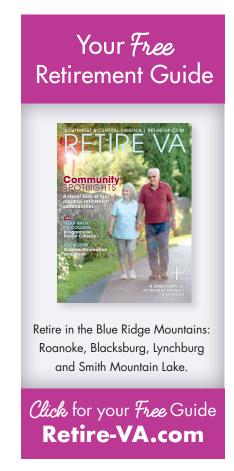
KIDS SQUARE

MILL MOUNTAIN THEATRE

MILL MOUNTAIN ZOO

Mill Mountain Park, Roanoke 24014 540-343-3241; mmzoo.org 183 animals representing 70 species, miniature train, picnic area, views. \$

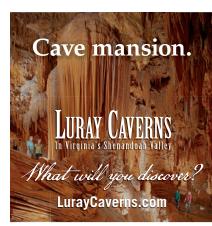


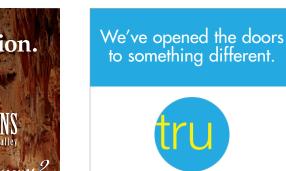


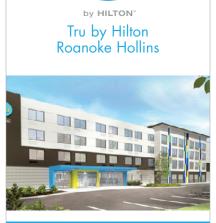










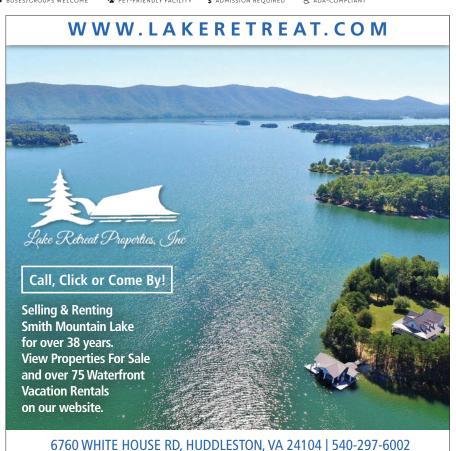


For Reservations Call 540-400-8244





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O. WINSTON LINK MUSEUM

101 Shenandoah Ave., NE, Roanoke 24016 540-982-5465; roanokehistory.org Highlighting the photography of O. Winston Link. 5 🗪 &

ROANOKE PINBALL MUSEUM

One Market Sq., SE, Roanoke 24011 540-342-5746; 540-342-5700 roanokepinball.org An interactive museum dedicated to the science

ROANOKE STAR & OVERLOOK

and history of pinball. \$ == &.

Mill Mountain - Biue Ridge Parkway Milepost 120; 2000 JB Fishburn Pkwy., Roanoke 24014 540-853-1236; playroanoke.com/the-roanoke-star 100-foot historic man-made star on Mill Mountain. Beautiful scenic overlook.

SCIENCE MUSEUM OF WESTERN VIRGINIA

1 Market Sq., SE, Ste. 4, Roanoke 24011 540-342-5710; smw.org A variety of exhibits that span the spectrum of science.

SPLASH VALLEY WATER PARK

7415 Wood Haven Rd., Roanoke 24019 540-777-6300; splashvalleywaterpark.com An outdoor water park featuring slides, a current river, children's sprayground and more! 5

STARR HILL PILOT BREWERY & SIDE

6 Old Whitmore Ave., Roanoke 24016 540-685-2012; Starr Hill.com/Roanoke Showcasing new beer and music in the Starr City. Enjoy 23 rotating taps featuring small-batch brews, a stage for live performances and an outdoor patio with local food trucks.

TAUBMAN MUSEUM OF ART

110 Salem Ave., SE, Roanoke 24011 540-342-5760; taubmanmuseum.org Offers American contemporary art exhibitions, events, performances plus children's gallery.

VINTON HISTORY MUSEUM

210 E. Jackson St., Vinton 24179 540-342-8634; vintonhistorymuseum.org An educational, fun and free experience for everyone!

VIRGINIA MUSEUM OF TRANSPORTATION

TRANSPORTATION
303 Norfolk Ave., SW, Roanoke 24016
540-342-5670; wnt.org
Virginia's official transportation museum.
Locomotives, antique automobiles,
aviation. \$ \(\begin{align*} \delta \)

SALEM

SALEM VISITOR'S CENTER

1001 Roanoke Blvd., Salem 24153 540-375-4044; 888-827-2536; visitsalemva.com Visitors center with information on Salem & Virginia's Blue Ridge.

> THINGS TO DO

DIXIE CAVERNS

5753 W. Main St., Salem 24153 540-380-2085; dixiecaverns.com Cavern tours, gift and rock shop and antiques mall, campground. Open all year. \$

DOWNTOWN SALEM HISTORIC DISTRICT

Main St., Academy St. to College Ave.
Salem 24153
540-375-4044; visitsalemva.com
National Historic District encompassing 34
building dating from late 19th and early 20th
century. Features eateries, brewery, gift shops
and Roanoke College Campus. 5

SALEM MUSEUM

801 E. Main St., Salem 24153 540-389-6760; salemmuseum.org Celebrating 250+ years of regional history: historic house, art, gardens.

SALEM RED SOX BASEBALL

SALEM'S 9-11 MEMORIAL 216 S. Broad St., Salem 24153

540-375-3081; visitsalemva.com
Lasting tribute to 9/11 located one block from
Main Street.

SMITH MOUNTAIN LAKE INCLUDES HARDY, HUDDLESTON,

MONETA SANDY LEVEL

SMITH MOUNTAIN LAKE REGIONAL CHAMBER OF COMMERCE AND VISITORS CENTER

Bridgewater Plaza, Ste. 2, 16430 Booker T. Washington Hwy., Moneta 24121 540-721-1203; visitsmithmountainlake.com "Jewel of the Blue Ridge."

> THINGS TO DO

BOOKER T. WASHINGTON NATIONAL MONUMENT

12130 Booker T. Washington Hwy. Hardy 24101 540-721-2094; nps.gov/bowa Birthplace of Booker T. Washington. Open daily, 9am-5pm.

BRIDGEWATER MARINA AND BOAT

16410 Booker T. Washington Hwy. Moneta 24121

540-721-1639; bwmarina.com Everything you need to make your day on Smith Mountain Lake memorable.

LAKE RETREAT

6760 White House Rd., Huddleston 24104 540-297-6002; 800-421-6980; lakeretreat.com Experience the best of Smith Mountain Lake! Stay & Play!

PARROT COVE BOAT RENTALS

16441 Booker T. Washington Hwy. Moneta 24121 800-488-4516; parrotcove.com Experience a Smith Mountain Lake vacation like

SMITH MOUNTAIN LAKE DAM VISITORS CENTER

2072 Ford Rd., Sandy Level 24161 540-985-2587; smithmtn.com At the visitors center overlooking the dam, you'll enjoy learning how electricity is generated.

SMITH MOUNTAIN LAKE STATE PARK

1235 State Park Rd., Huddleston 24104 540-297-6066; 800-933-7275; 800-933-PARK virginiastateparks.gov.





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