Whether you wish to fly through the air with the greatest of ease or test your stamina, this Treasure of Tahoe can be found high off the ground. Take your Tahoe adventure to the next level at the Treetop Adventure Park and Tahoe Via Ferrata.

## What Is It?

- Treetop Adventure Park is an outdoor obstacle course consisting of a series of tree platforms linked together by a variety of bridges and zip lines. All participants are outfitted in full-body harnesses and helmets and connected to either a Saferoller continuous belay system or a Smart Belay system. The first of its kind in California, the courses at Treetop Adventure Park can be anywhere from 15 to 50 feet in the air.
- Tahoe Via Ferrata is the newest outdoor adventure excursion from Alpenglow Expeditions, located on the iconic Tram Face at Squaw Valley Resort. Via Ferrata is a protected hiking and climbing experience where guests are guided by a professional mountain guide and safely attached to the rock using permanent steel anchors and cables. With two distinct routes, participants can choose between half- or full-day experiences in a group or private session.

#### Where Can I Find It?

- Treetop Adventure Park has three locations in North Lake Tahoe:
  - Tahoe City, located at the Granlibakken Tahoe resort.
  - Squaw Valley, built into the hillside facing the Shirley Canyon.
  - Tahoe Vista, located within the North Tahoe Regional Park.
- Tahoe Via Ferrata tours start and finish at the Alpenglow Expeditions office in The Village at Squaw Valley.

## **Insider Tips**

- Afraid of heights? No problem! Treetop
   Adventure Parks include paths where friends or
   parents can watch safely.
- Treetop Adventure courses are sorted by difficulty levels: green for beginner, blue for intermediate, and black for advanced.
- Participants should bring closed-toed shoes, comfortable clothes that allow for a full body harness, layers with zippers, gloves, and a water bottle.

## **Fun Facts**

- Via Ferrata means "Iron Road" in Italian, and the tradition has been around for over 100 years in Europe.
- Both Treetop Adventure Park and Via Ferrata are family friendly affairs! Treetop is safe for children
   5 and up with a minimum height of 49 inches, and Via Ferrata is safe for children 10 and up.
- Treetop Adventure Park is open year-round, so you can even fly through the snow-covered trees!

# If You Like This, You'll Love:

- Squaw Valley Adventure Center in Squaw Valley.
- · Tahoe Adventure Company in Tahoe Vista.
- Tahoe Paddle and Oar in Kings Beach.